

D... DOORS (CHECK MIRRORS, SHAKE DOOR)
S... SEAT (CLUTCH DOWN, KNEE BENT) AND HEAD REST
S...STEERING (HEELS OF HANDS ON TOP, ARMS BENT)
S...SEAT BELT (NO TWISTS, HOLD ONTO IT WHEN RELEASED)
**M...MIRRORS.. (MAIN, GOOD VIEW OUT BACK. SIDES,
PAINT WORK, 50-50 SKY AND ROAD.)**

P.....PREPARATION
O.....OBSERVATION
M.....MANOEUVRE

M.....MIRROR
S.....SIGNAL
(m)
P.....POSITION
S.....SPEED
L.....LOOK

L.....LOOK
A....ASSESS
D....DECIDE
A....ACT.

LOOK BEFORE YOU LOCK

Exit Roundabouts; 3 lefts, Signal left, Look left, Keep left

You must come out 1st (gear) before you can go back in 2nd (gear)